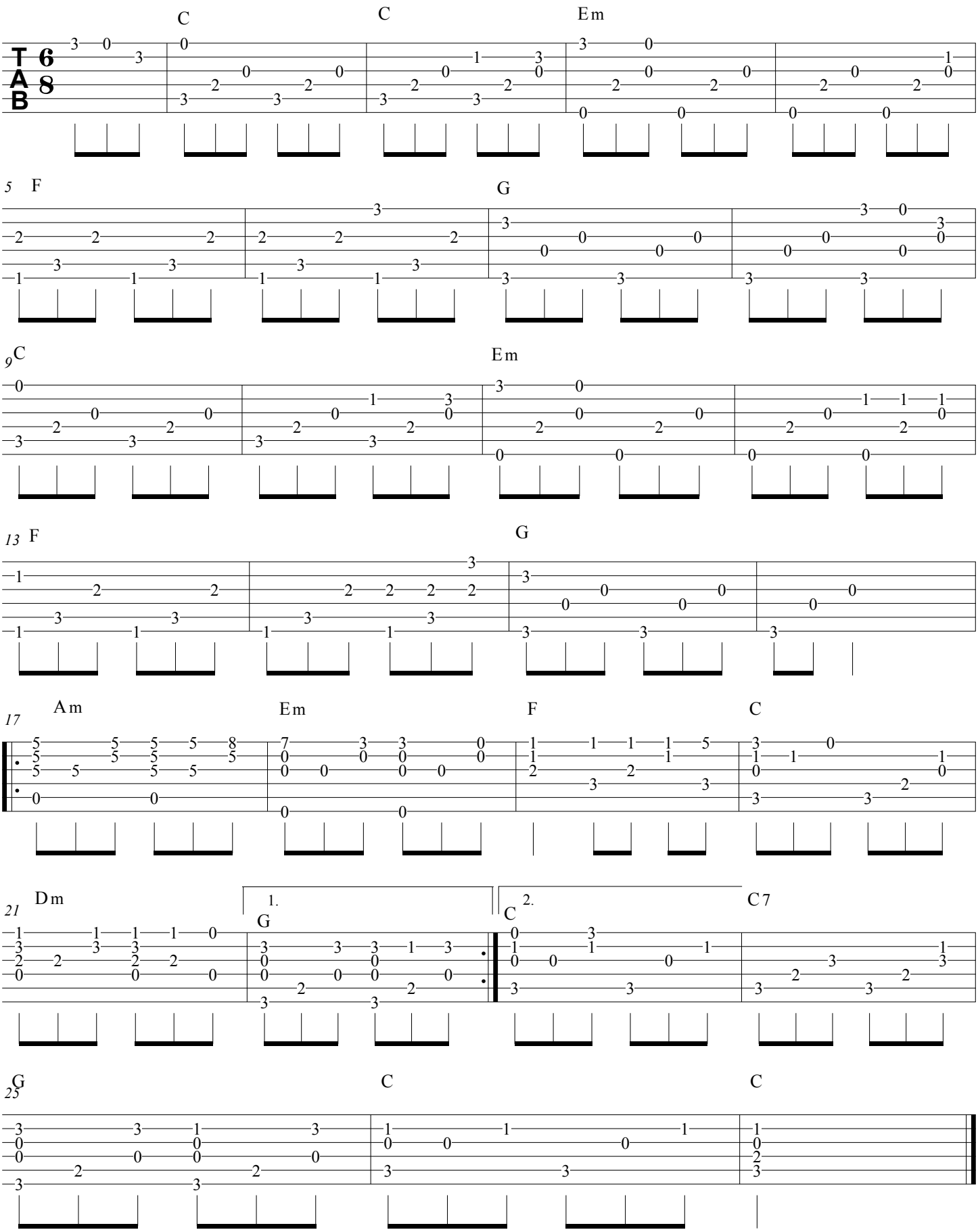当你老了